

Kimberly Wagner-Dabbour

Certified Pediatric Sleep Specialist, Speaker,
Owner of Beddy Bye Sleep Solutions



Kimberly has a true calling for changing the lives of sleep deprived families.

With a degree in Criminal Justice and career in Corrections, she turned to the study of child sleep after her own daughter and family suffered through months and months of terrible sleepless nights. Once she found a sleep solution that finally worked for her family, Kimberly set off to become certified in pediatric sleep with the Sleep Sense Program, studied infant safe sleep and infant mental health. Hundred's of families are now believers in Kimberly's methods. Through science and experience, Kimberly teaches other parents and professionals to become more intuitive to their child's sleep needs and confident in their ability to maintain a well-rested child.



"A well-rested family THRIVES!"

MOPS Groups, **Baby & Child Expo's**, Child Care Facilities, **Health & Wellness Events**, Schools, **Pediatric Physician's & Specialists**, Workplace Wellness Training, **Parent Groups**, and More...



Speaking Topics

- Baby Sleep 101
- Safe Infant Sleep
- Encouraging Independent Sleep Skills
- Teaching Your Child to Sleep Through the Night
- Self-care & Your Child's Sleep

“ I must admit I was a bit skeptical of how what you suggested would work. With that said, my almost 2 year old has slept through the night the last 3 nights! No more waking up 5-6 times a night. We can not thank you enough for your help! ”

Velvity Butuso,
Encouraging Independent Sleep Skills Attendee

Book & Connect with Kimberly Today!



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